

Basic in-text citation examples following APA 7th Edition guidelines:

1. Paraphrasing (Restating someone else's idea in your own words)

Format:

(Author, Year) or Author (Year)

- **Single Author:**
 - Parenthetical: (Smith, 2020)
 - Narrative: Smith (2020) stated that...
 - **Two Authors:**
 - Parenthetical: (Smith & Jones, 2020)
 - Narrative: Smith and Jones (2020) suggested...
 - **Three or More Authors:**
 - Parenthetical: (Smith et al., 2020)
 - Narrative: Smith et al. (2020) reported...
 - **Group Author with Abbreviation:**
 - First citation: (World Health Organization [WHO], 2020)
 - Subsequent citations: (WHO, 2020)
 - **Group Author without Abbreviation:**
 - (Harvard University, 2020)
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2. Quoting (Directly using someone else's exact words)

Format:

(Author, Year, p. Page Number) or Author (Year, p. Page Number)

- **Single Author:**
 - Parenthetical: (Smith, 2020, p. 25)
 - Narrative: Smith (2020) stated, "... " (p. 25).
- **Two Authors:**
 - Parenthetical: (Smith & Jones, 2020, p. 45)
 - Narrative: Smith and Jones (2020) wrote, "... " (p. 45).
- **Three or More Authors:**
 - Parenthetical: (Smith et al., 2020, p. 12)
 - Narrative: Smith et al. (2020) noted, "... " (p. 12).

3. Citing Sources Without Page Numbers

For sources like websites or e-books, use a paragraph number or heading.

Format:

(Author, Year, para. Paragraph Number)

- **Paragraph Number:**
 - (Smith, 2020, para. 4)
 - **Heading Name:**
 - (Smith, 2020, "Introduction" section, para. 2)
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4. No Author

Use the title (or a shortened version) in italics for books/reports or in quotation marks for articles/webpages.

- (Study on Youth, 2020)
 - ("New Developments," 2020)
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5. Multiple Works by Same Author

List years in ascending order, separated by commas.

- (Smith, 2018, 2020, 2022)
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6. Multiple Sources in One Citation

List in alphabetical order by the first author's last name. Separate by semicolons.

- (Jones, 2020; Smith, 2019; Taylor, 2021)
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These examples cover most scenarios you'll encounter in APA 7th Edition in-text citations!