

Curriculum Vitae
Saliha B. Selman

İstanbul, Türkiye | salihabselman@gmail.com

Education

- University of Wisconsin-Madison, Madison, WI. 2018–2023
Ph.D., Human Development and Family Studies
GPA: 4.00/4.00
Minor: Advanced Statistical Analyses with High-Risk Families
Dissertation: Child routines and preschoolers' cognitive and behavioral development in cumulative risk
Advisor: Janean Dilworth-Bart, Ph.D.
- Boston University, Boston, MA. 2016–2018
M.A., Psychological and Brain Sciences, Department of Psychology
GPA: 3.93/4.00
Master's Thesis: The role of chronic physiological stress and mother-infant interaction in executive function development in early childhood
Advisor: Amanda Tarullo, Ph.D.
- İstanbul Şehir University, İstanbul, Türkiye. 2011–2016
B.A., Psychology, Faculty of Humanities and Social Sciences
GPA: 4.00/4.00: Valedictorian
Advisor: Reyyan Bilge, Ph.D.
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Honors and Awards

- Top downloaded paper of 2020-2025, Journal of Family Theory & Review. March 2025
Zillman Trust Fund, University of Wisconsin-Madison (\$926). May 2023
Zillman Trust Fund, University of Wisconsin-Madison (\$820). May 2022
Conference Travel Scholarships (Alford Myers), UW-Madison (\$750). May 2022
Zillman Trust Fund, University of Wisconsin-Madison (\$450). May 2021
Zillman Trust Fund, University of Wisconsin-Madison (\$1,310). May 2020
Research Grant, Child and Family Ecologies Laboratory, UW-Madison (\$350). Mar 2020
Student Research Grants Competition, University of Wisconsin-Madison (\$1,200). May 2019
Best Poster Award, Wisconsin Environmental Health Network (WEHN). Mar 2019
Full tuition scholarship for Graduate Student Fellowship. 2016–2018
1st Place (Valedictorian), Class of 2016, İstanbul Şehir University. June 2016
Full Tuition Scholarship, İstanbul Şehir University. 2013–2016
National Athlete (Class C Certificate), Turkish Karate Federation. Aug 2004

Professional and Research Experience

Assistant Professor

Boğaziçi University, İstanbul, Türkiye (May 2026–Present)

Ibn Haldun University, İstanbul, Türkiye (Jan 2025–May 2026)

Research Scientist & Consultant

Plan Consulting, İstanbul, Türkiye (Oct 2022–2025)

Khalil Center, Lombard, IL (April 2022–2025)

Goodable Company, Toronto, ON (Nov 2022–Aug 2023)

Research Assistant & Clinical Intern

Child and Family Ecologies (CAFÉ) Laboratory, University of Wisconsin-Madison, Madison, WI (2018–2023)

Survey of the Health of Wisconsin (SHOW), University of Wisconsin-Madison, Madison, WI (2018–2020)

Brain and Early Experiences (BEE) Laboratory, Boston University, Boston, MA (2016–2018)

Twin Project Laboratory, Boston University, Boston, MA (2017–2018)

Cognitive Psychology Laboratory, İstanbul Şehir University, İstanbul, Türkiye (2015–2017)

Child and Family Studies Laboratory, Koc University, İstanbul, Türkiye (June–Aug 2016)

Department of Child and Adolescent Psychiatry, İstanbul University School of Medicine, İstanbul, Türkiye (Oct 2015–June 2016)

Harvard Lab for Youth Mental Health, Harvard University, Cambridge, MA (July 2015–2016)

Sports Neuroscience and Psychophysiology Laboratory, Marmara University, İstanbul, Türkiye (2014–2015)

Neurotechnology Laboratory, İstanbul Şehir University, İstanbul, Türkiye (2014–2015)

Teaching Experience

Instructor

Life Span Developmental Psychology, Boğaziçi University, İstanbul, Türkiye (2026–present)

Introduction to Psychology, Boğaziçi University, İstanbul, Türkiye (2026–present)

Statistical Methods in Psychology, Ibn Haldun University, İstanbul, Türkiye (2025–2026)

Research Methods, Ibn Haldun University, İstanbul, Türkiye (2024–2026)

Advanced Statistics, Ibn Haldun University, İstanbul, Türkiye (2024–2026)

Conducting Research in Psychology, Ibn Haldun University, İstanbul, Türkiye (Feb–May 2024)

Seminar Course for Doctoral Students, Ibn Haldun University, İstanbul, Türkiye (2023–2026)

Statistics, 29 Mayıs University, İstanbul, Türkiye (Feb–June 2022)

Assistant Instructor

Development from Adolescence to Old Age, University of Wisconsin-Madison, Madison, WI (2022–2023)

Teaching Assistant

Development from Adolescence to Old Age, University of Wisconsin-Madison, Madison, WI (2020–2022)

Development of the Young Child, University of Wisconsin-Madison, Madison, WI (2018–2020)

Introduction to Psychology, İstanbul Şehir University, İstanbul, Türkiye (Feb–June 2016)

Human Memory, İstanbul Şehir University, İstanbul, Türkiye (Oct 2015–Jan 2016)

Research Methods, İstanbul Şehir University, İstanbul, Türkiye (Feb–June 2015)

Biopsychology, İstanbul Şehir University, İstanbul, Türkiye (Oct 2014–Jan 2015)

Peer-Reviewed Publications

1. Balin, B., **Selman, S.B.**, & Wang, T. (in press). Daily routines and maternal working hours in infant statistical learning. *Studies in Psychology*.
2. Derin, S., Genc, I. & **Selman, S. B.** (2026). Childhood maltreatment and suicide ideation in youth with depression. *Istanbul University Journal of Health Sciences Research*, 9(1), 81-88. <https://doi.org/10.26650/JARHS2026-1849405>
3. Derin, S., Ergun, A. F., **Selman, S. B.** & Yanik, M. (2026). Childhood trauma, dissociative experiences, and ADHD symptoms in youth. *European Journal of Trauma & Dissociation*. <https://doi.org/10.1016/j.ejtd.2026.100653>
4. Derin, S., **Selman, S. B.**, Ergun, A. F., & Ecer-Ergun, T. (2026). Indirect and conditional associations between ADHD and risky internet use in elementary school children with parent-child conflict and maternal childhood trauma. *Research on Child and Adolescent Psychopathology*, 54(1), 17. <https://doi.org/10.1007/s10802-026-01427-0>
5. **Selman, S. B.**, Gurel, B. F., & Dilworth-Bart, J. (2025). Sleep matters: Attentional and behavioral outcomes among preschool age children of mothers with depression. *Journal of Child and Family Studies*, 34, 2432-2443. <https://doi.org/10.1007/s10826-025-03152-6>
6. **Selman, S. B.**, & Dilworth-Bart, J. E. (2025). Reciprocal longitudinal relations between child routines and parenting. *Family Relations*, 74, 3017-3040. <https://doi.org/10.1111/fare.70021>

7. **Selman, S. B.**, Distefano, R., Dilworth-Bart, J. E., & Brooks-Gunn, J. (2025). Child routines across preschool and associations with socioemotional adjustment. *Journal of Family Psychology*, *38*(8). <https://doi.org/10.1037/fam0001299>
8. Selman, H. S., **Selman, S. B.**, Karabekir, N., & Coker, H., (2025). Integrating obstetricians into childbirth education and its association with reduced intrapartum interventions. *Maternal and Child Health Journal*. <https://doi.org/10.1007/s10995-025-04210-7>
9. Cakir-Mete, B. & **Selman, S. B.** (2025). Humor in therapy: Assessing integration demand. *Journal of Cognitive Behavioral Psychotherapies and Research*, *14*(4), 276-285. <https://doi.org/10.14744/JCBPR.2025.57506>
10. Derin, S. Celik, S. & **Selman, S. B.** (2025). Attention-deficit/hyperactivity disorder, social skills, and risky internet use among elementary school children. *Child and Adolescent Psychiatry and Mental Health*, *19*(74). <https://doi.org/10.1186/s13034-025-00926-0>
11. Derin, S., Altintas, I., & **Selman, S. B.** (2025). Sleep disturbances, attention-deficit/hyperactivity disorder and self-harm among youth. *Journal of Attention Disorders*, *29*(8), 635-644. <https://doi.org/10.1177/10870547251327479>
12. Derin S., Yapici, N., & **Selman, S. B.** (2025) Attachment styles, maternal childhood trauma, and autism in offspring. *European Journal of Therapeutics*, *30*(2), 71-80. <https://doi.org/10.58600/eurjther2573>
13. Keshavarzi, H., Yanik, M., **Selman, S. B.**, Sanders, P., Top, D. & Khan, F. (2025). Development and validation of a Traditional Inventory of Islamic Virtues (TIIV). *Spirituality in Clinical Practice*. <https://doi.org/10.1037/scp0000406>
14. Kuscü-Ozucer, I., Alnak, A., Akkopru, H., Karadogan, Z. N., Çağlayan, A. O., **Selman, S. B.**, & Coskun, M. (2025). Reduced peripheral expression of the TMLHE gene in Turkish youth with autism spectrum disorder. *Gene Reports*. <https://doi.org/10.1016/j.genrep.2025.102391>
15. Coskun, M., Tanir, Y., Karayagmurlu, A., Karadogan, Z. N., Ozdemir, Y. E., Bulut, O. F., Karan, P., & **Selman, S. B.** (2025). Long-term impact of the COVID-19 pandemic on obsessive-compulsive disorder symptoms in children and adolescents: A one-year follow-up study. *Journal of Advanced Research in Health Sciences*. <https://doi.org/10.26650/JARHS2025-1657050>
16. Adıyaman, A. E., Andic, E., Sahin, M. S., **Selman, S. B.**, Dolas, I., Unal, T. C., Dolen, D., Coskun, O., Barburoglu, M., Sencer, S., Aydoseli, A., Aras, Y., Sencer, A., & Sabanci, P. A. (2025). Feasibility of spinal facet joint injections with augmented reality headset: A cadaveric study. *Operative Neurosurgery*. <https://doi.org/10.1227/ons.0000000000001777>
17. **Selman, S. B.**, & Dilworth-Bart, J. E. (2024). Routines and child development: A systematic review. *Journal of Family Theory and Review*, *16*(2), 272–328. <https://doi.org/10.1111/jftr.12549>
18. Derin, S., Ersin, M., & **Selman, S. B.** (2023). Internet addiction in adolescents with attention-deficit/hyperactivity disorder: Associations with parental depression and anxiety. *Current Approaches in Psychiatry*, *15*(1), 225-235. <https://doi.org/10.18863/pgy.1241913>

19. Derin, S., **Selman, S. B.**, & Coskun, M. (2023). Gambling disorder in adolescents with attention-deficit/hyperactivity disorder: A case study. *Psychiatry Research Case Reports*, 2(2), 100160-100166. <https://doi.org/10.1016/j.psycr.2023.100160>
 20. Derin, S., **Selman, S. B.**, Alyanak, B., & Soylu, N. (2022). The role of adverse childhood experiences and attachment styles in social anxiety disorder in adolescents. *Clinical Child Psychology and Psychiatry*, 27(3), 644-657. <https://doi.org/10.1177/13591045221078085>
 21. **Selman, S. B.**, Dilworth-Bart, J., Selman, H. S., Cook, J. G., & Duncan, L. G. (2020). Skin-to-skin contact in infant emotional and cognitive development in chronic perinatal distress. *Early Human Development*, 151(105182), 1-7. <https://doi.org/10.1016/j.earlhumdev.2020.105182>
 22. Schultz, A., Malecki, K., Olson, M., **Selman, S. B.**, Olaiya, O., Spicer, A., Schauer, J., Kirkorian, H., & Dilworth-Bart, J. (2020). Investigating cumulative exposures among 3–to 4-year-old children using wearable ultrafine particle sensors and language environment devices: A pilot and feasibility study. *International Journal of Environmental Research and Public Health*, 17(14), 5259-5274. <https://doi.org/10.3390/ijerph17145259>
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Manuscripts in Progress

1. **Selman, S. B.** (revision under review). Child routines and noncompliance across early and middle childhood. *Submitted to Journal of Applied Developmental Psychology*.
 2. Yalcin, S., & **Selman, S. B.** (revision under review). How parental lying relates to disordered eating. *Submitted to Humanities and Social Sciences Communications*.
 3. Karakus, S. & **Selman, S. B.** (under review). Positive childhood experiences, substance use attitudes and young adult use. *Submitted to Addicta*.
 4. **Selman, S. B.**, & Dilworth-Bart, J. E. (under review). Child routines and preschoolers' cognitive and socioemotional outcomes in cumulative risk. *Submitted to Early Child Development and Care*.
 5. Derin S., Senturk, G., & **Selman, S. B.** (under review) Social anxiety disorder, internet gaming disorder, and sleep disturbances among youth. *Submitted to Journal of Child Psychology and Psychiatry*.
 6. Zorlu, Z., Altun, M., **Selman, S. B.**, & Coskun, M. (under review). Psychopathology, trauma, and dissociation in children of parents with bipolar disorder. *Submitted to Turkish Journal of Clinical Psychiatry*.
 7. **Selman, S. B.**, Derin, S., Celik, S. & Ergun, A. F. (in preparation). Attention-deficit/hyperactivity disorder, child routines, and risky internet use among elementary school children.
 8. **Selman, S. B.** & Akcin, E. (in preparation). The Family Routines Inventory-Turkish version: Reliability and validity.
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Other Publications

1. **Selman, S. B.** (2020). What's the secret to effective learning? (Etkili öğrenmenin sırrı nedir?). *Mesail*, 5(3), 15-17.

Book and Book Chapters

1. Yaylaci, T. & **Selman, S. B.** (in preparation). Digital parenting. In M. Sardoč (Ed.) *Palgrave Handbook of Digital Citizenship*.
2. **Selman, S. B.**, & Derin, S. (2026). Neuropsychological assessment of children with neurodevelopmental disorders. In S. Çelik (Ed.), *Theory and practice of neuropsychological assessment in children* (pp. 101–142). Nobel Academic Publishing.
3. Keshavarzi, H., Yanik, M., **Selman, S. B.**, Aycan, S. (2025). *Islamic guide to parenting: Nurturing character, spirituality, and resilience*. Claritas Books.

Conference Presentations

1. Ulusahin, L. & **Selman, S. B.** (2025). The role of media usage in adolescent identity development: Parent-child conflict as a pathway. Poster presentation at the *Society for Digital Mental Health Fourth Annual Virtual Conference*.
2. Genc, I., Celik, S., **Selman, S. B.**, & Derin, S. (2025). Childhood trauma and suicidal ideation in youth with depression. Poster presentation presented at the *21st International Congress of the European Society for Child and Adolescent Psychiatry (ESCAP)*, Strasbourg, France.
3. Celik, S., **Selman, S. B.**, & Derin, S. (2025). Are social skills the critical link between ADHD and risky internet use? Poster presentation at the *21st International Congress of the European Society for Child and Adolescent Psychiatry (ESCAP)*, Strasbourg, France.
4. Erbay, A. & **Selman, S. B.** (2024). Understanding the role of education in the link between psychological flexibility and religiosity: A focus on values and acceptance. Poster presentation at the *54th Congress of the European Association for Behavioural and Cognitive Therapies (EABCT 24)*, Belgrade, Serbia.
5. Karakus, S. & **Selman, S. B.** (2024). The interplay of positive childhood experiences and substance use attitudes in shaping physical health. Poster presentation at the *Turkish Psychological Association (TPD) VI. National Psychology Graduate Students Congress (UPLOK 24)*, Ankara, Türkiye.
6. Erguney, H. & **Selman, S. B.** (2024). Exploring the link between impulsivity and active procrastination in university students. Poster presentation at the *Turkish Psychological Association (TPD) VI. National Psychology Graduate Students Congress (UPLOK 24)*, Ankara, Türkiye.

7. Eser, R. & **Selman, S. B.** (2024). Understanding cross-modal correspondences: Influence of semantic and perceptual factors in odor-color associations in Turkish culture. Oral presentation at the *Turkish Psychological Association (TPD) VI. National Psychology Graduate Students Congress (UPLOK 24)*, Ankara, Türkiye.
8. Sener, N. N. & **Selman, S. B.** (2024). Examining future time perspectives and job satisfaction among college professors in the post-covid era. Oral presentation at the *Turkish Psychological Association (TPD) VI. National Psychology Graduate Students Congress (UPLOK 24)*, Ankara, Türkiye.
9. Ulusahin, L. & **Selman, S. B.** (2024). Association between childhood play and career choices: The mediating roles of empathy and curiosity. Oral presentation at the *Turkish Psychological Association (TPD) VI. National Psychology Graduate Students Congress (UPLOK 24)*, Ankara, Türkiye.
10. Erbay, A. & **Selman, S. B.** (2024). Linking psychological flexibility and religiosity: Values and acceptance. Poster presentation at the *4th International Congress of Cognitive Behavioral Psychotherapies*, Ankara, Türkiye.
11. Yanik, H. K., **Selman, S. B.**, Uysal, B., & Gormez, V. (2024). Turkish language proficiency is associated with prosocial skills but not psychological difficulties in Syrian immigrant children. Oral presentation at the *15th International Congress on Psychopharmacology & Child and Adolescent Psychotherapy (ICP 2024)*, Antalya, Türkiye.
12. Yapici N. E., Derin, S., & **Selman, S. B.** (2024). Exploring the link: Maternal childhood trauma, adult attachment styles, and autism spectrum disorders in early childhood. Oral presentation at the *15th International Congress on Psychopharmacology & Child and Adolescent Psychotherapy (ICP 2024)*, Antalya, Türkiye.
13. Balin, B., **Selman, S. B.**, & Wang, T. (2024). Infant statistical learning: The role of daily routines and maternal working hours. Poster presentation at the *XXIV Biennial Congress of the International Congress of Infant Studies (ICIS 2024)*, Glasgow, Scotland.
14. Balin, B., **Selman, S. B.**, & Wang, T. (2024). Daily routines and statistical learning exploration in infants. Poster presentation at the *13th Annual CEU Conference on Cognitive Development (BCCCD24)*, Budapest, Hungary.
15. Selman, H. S., Karabekir, N., Coker, H., & **Selman, S. B.** (2022) Childbirth education may be an opportunity for improving medical interventions among obstetricians: Preliminary results. Oral presentation at the *2nd International 4th National Childbirth Education and Educators Congress*, Izmir, Türkiye.
16. Derin, S., Unal, O., & **Selman, S. B.** (2022). The association between attention-deficit/hyperactivity disorder and pathological internet use among adolescents. Poster presentation at the *13th International Congress on Psychopharmacology & Child and Adolescent Psychotherapy (ICP 2022)*, Antalya, Türkiye.
17. Derin, S., Ersin, M., **Selman, S. B.**, & Gercek, C. (2022). Internet addiction in adolescents with attention-deficit/hyperactivity disorder: Associations with parental depression and anxiety. Poster presentation at the *9th Congress of the European Academy of Pediatric Societies (EAPS 2022)*, Barcelona, Spain.

18. **Selman, S. B.**, Distefano, R., Dilworth-Bart, J., & Brooks-Gunn, J. (2022). Stability in routines during the preschool period and associations with child well-being. Oral presentation at the *9th Congress of the European Academy of Pediatric Societies (EAPS 2022)*, Barcelona, Spain.
19. Kocabay, N. E., **Selman, S. B.**, Cakmak, A., Gurel, B. F., Eroglu, Z., Alan, S. S., & Dilworth-Bart, J. (2022). Timing of various types of housing instability and behavioral and social outcomes in middle childhood. Poster presentation at the *17th European Congress of Psychology*, Ljubljana, Slovenia.
20. Gurel, B. F., **Selman, S. B.**, Kocabay, N. E., Cakmak, A., Alan, S. S., Eroglu, Z., & Dilworth-Bart, J. (2022). The importance of sleep duration: Attentional and externalizing problems in preschoolers of depressed mothers. Oral presentation at the *12th Annual CEU Conference on Cognitive Development (BCCCD22)*, Budapest, Hungary.
21. Church, M., **Selman, S. B.**, & Dilworth-Bart, J. (2021). Early home-school meso-system associations with academic and social competence at age 9. Poster presentation at the *International Society for Developmental Psychobiology (ISDP 2021)*, Chicago, Illinois, USA.
22. Spicer, A., Schultz, A., Olson, M., Olaiya, O., **Selman, S. B.**, Schauer, J., Kirkorian, H., Malecki, K., & Dilworth-Bart, J. (2019). The CREATE study: Pilot testing cumulative personal environmental exposure and educational readiness assessments in pre-school children. Poster presentation at *31st Annual Conference of the International Society for Environmental Epidemiology (ISEE 2019)*, Utrecht, Netherlands.
23. **Selman, S. B.**, Dilworth-Bart, J., Selman, H. S., Cook, J. G., & Duncan, L. G. (2019). Maternal chronic perinatal distress, skin-to-skin contact, and emotional and cognitive development in 1-5 month old infants at-risk. Oral presentation at the *International Birth Teams and Birth Psychology Congress*, İstanbul, Türkiye.
24. **Selman, S. B.**, Tuladhar, C. T., Kao, K. & Tarullo, A. R. (2019). The role of chronic physiological stress & mother-infant interaction in executive function development in early childhood. Poster presentation at the *Society for Research in Child Development (SRCD 2019)*, Baltimore, Maryland, USA.
25. **Selman, S. B.**, Schultz, A., Olson, M. M., Olaiya, O., Spicer, A., Schauer, J., Kirkorian, H., Malecki, K., & Dilworth-Bart, J. (2019). Measuring early language environment quality in early childhood: Results from the CREATE study. Poster presentation at the *Wisconsin Environmental Health Network (WEHN)*, Madison, WI, USA.
26. Schultz, A., **Selman, S. B.**, Olson, M. M., Olaiya, O., Spicer, A., Schauer, J., Kirkorian, H., Malecki, K., & Dilworth-Bart, J. (2019). Cumulative risks, early development and academic trajectories: Rationale and methods. Poster presentation at the *Wisconsin Environmental Health Network (WEHN)*, Madison, WI, USA.
27. Olson, M., Schultz, A., **Selman, S. B.**, Olaiya, O., Spicer, A., Schauer, J., Kirkorian, H., Malecki, K., & Dilworth-Bart, J. (2019). Measuring noise duration and intensity in children's environments: Results from the CREATE study. Poster presentation at the *Wisconsin Environmental Health Network (WEHN)*, Madison, WI, USA.

28. Olaiya, O., Schultz, A., **Selman, S. B.**, Olson, M. M., Spicer, A., Schauer, J., Kirkorian, H., Malecki, K., & Dilworth-Bart, J. (2019). Micro-environmental PM2.5 exposure in young children: Results from CREATE study. Poster presentation at the *Wisconsin Environmental Health Network (WEHN)*, Madison, WI, USA.
29. Spicer, A., Schultz, A., **Selman, S. B.**, Olson, M. M., Olaiya, O., Schauer, J., Kirkorian, H., Malecki, K., & Dilworth-Bart, J. (2019). PM2.5 data collection methods and quality control: Results from the CREATE study. Poster presentation at the *Wisconsin Environmental Health Network (WEHN)*, Madison, WI, USA.
30. **Selman, S. B.**, Tuladhar, C.T., Kao, K. & Tarullo, A. R. (2017). Sleep problems in preschool children: Role of parental education and chaotic households. Poster presentation at the *Association for Psychological Science (APS 2017)*, Boston, MA, USA.
31. Selman, H. S., **Selman, S. B.**, Cengiz, G., Karabekir, N., Coker, H., Atakir, E.A., & Caliskan, C. (2017). The role of midwives in continuous support for pregnant women in labor. Poster presentation at the *1st World Congress on Maternal-Fetal Neonatal Medicine*, London, UK.
32. Tanriverdi-Ozkan, B., **Selman, S. B.**, Pala S., Duru A. D., & Bilge R. (2016). Tunnel memory for traumatic events: is it real? Poster presentation at the *Psychonomic Society's 57th Annual Meeting*, Boston, MA, USA.
33. Balcioglu, T., Sahin, D., Assem, M., **Selman, S. B.**, & Duru, D. G. (2014). Analysis of gaze characteristics with eye tracking in elite athletes: A pilot study. Poster presentation at the *18th National Biomedical Engineering Meeting (BIYOMUT)*, İstanbul, Türkiye.
34. **Selman, S. B.**, Karadag, M., Assem, M. & Duru, A. D. (2014). Event-related potential measurements of the emotional Stroop test in athletes of combat sports: A pilot study. Poster presentation at the *18th National Biomedical Engineering Meeting (BIYOMUT)*, İstanbul, Türkiye.

Professional Development

Research and Statistical Training

Path Analysis with Interactions and Indirect Effects in R, *Instats Inc.* (July 7–16, 2024)

Applied Bayesian Statistics for Education Research, *University of Wisconsin–Madison* Madison, WI (Sept–Dec 2020)

Causal Mediation Analysis, *Columbia University*, New York, NY (Aug 12–14, 2020)

Structural Equation Modeling, *University of Wisconsin–Madison* Madison, WI (Jan–May 2020)

Hierarchical Linear Modeling, *University of Wisconsin–Madison* Madison, WI (Jan–May 2020)

Data Wrangling in R, *University of Wisconsin–Madison*, Madison, WI (Sept–Oct 2019)

Clinical Training

Parent-Child Interaction Therapy (PCIT) Training, *Parent Child Interaction Therapy, Inc.* (Jan 2026–present)

Prenatal Childbirth Education Course, *Istanbul Birth Academy*, İstanbul, Türkiye (Dec 2025)

Family Interaction Training (FIT) Parent Training-Course for Trainers, *Rose F. Kennedy Children's Evaluation and Rehabilitation Center*, Montefiore Medical Center, Bronx, NY (Nov 20–21, 2025)

Couples Therapy, *Zihin Okulu*, İstanbul, Türkiye (Nov 1–3, 2025)

Dissociative Identity Disorder: Diagnosis and Treatment, *Zihin Okulu*, İstanbul, Türkiye (Oct 29, 2025)

Family Counseling, *Marmara University Continuing Education Center*, İstanbul, Türkiye (Dec 2024–May 2025)

Child-Centered Play Therapy, *Family Enhancement and Play Therapy Center, Inc.*, Boiling Springs, PA (Aug 1–13, 2024)

Traditional Islamically Integrated Psychotherapy (TIIP) Level 1, *Khalil School of Islamic Psychology*, Lombard, IL (June 25–30, 2024)

Essentials II of Cognitive Behavioral Therapy, *Beck Institute for Cognitive Behavior Therapy*, Bala Cynwyd, PA (July–Sept 2023)

Recovery-Oriented Cognitive Therapy for Serious Mental Health Conditions, *Beck Institute for Cognitive Behavior Therapy*, Bala Cynwyd, PA (June–Sept 2022)

Cognitive Behavioral Therapy for Personality Disorders, *Beck Institute for Cognitive Behavior Therapy*, Bala Cynwyd, PA (Jan–May 2022)

Cognitive Behavioral Therapy for Anxiety Disorders, *Beck Institute for Cognitive Behavior Therapy*, Bala Cynwyd, PA (Sept–Dec 2021)

Cognitive Behavioral Therapy for Depression, *Beck Institute for Cognitive Behavior Therapy* (Aug–Sept 2021)

Essentials of Cognitive Behavioral Therapy, *Beck Institute for Cognitive Behavior Therapy*, Bala Cynwyd, PA (July–Aug 2021)

Essentials of Cognitive Behavioral Therapy, *Psychology Organizations and Training Center (POEM)*, İstanbul, Türkiye (Nov 2020–Jan 2021)

Structured Clinical Interview Training in Cognitive Behavioral Therapy, *Psychology Organizations and Training Center (POEM)*, İstanbul, Türkiye (Oct–Nov 2020)

Acceptance and Commitment Therapy (ACT) Training, *Association of Contextual Sciences and Psychotherapies (TURBAD)*, İstanbul, Türkiye (June–Aug 2020)

Continuing Education

APA Division 7 Developmental Psychology Mentoring Program, Mentee, *American Psychological Association* (Feb 2026–present)

Assumptions Matter: Diagnosing Problems Before Running the Model, *The Dissertation Coach*, Online (Apr 16, 2026)

Designed to Be Heard-Crafting Research for Real-World Impact, *International Society for the Study of Behavioral Development (ISSBD) and the Child & Family Global Outreach (CF-GO)*, Online (Dec 5, 2025)

Learning to Understand: Statistical Learning and Language Development, *Developing Minds Global Lecture Series*, Online (Dec 4, 2025)

Beyond Efficacy: Unveiling the Mechanisms of Change in Psychotherapy, *American Psychological Association*, Washington, DC (Nov 20, 2025)

From Idea to Action: A Beginner's Guide to Dissemination and Implementation Science, *International Society for the Study of Behavioral Development (ISSBD) and the Child & Family Global Outreach (CF-GO)*, Online (Nov 17, 2025)

Science Training Session: Bayesian Inference Without Tears, *American Psychological Association*, Washington, DC (Oct 28, 2025)

Anger Management for Children and Adolescents, *Zihin Okulu*, İstanbul, Türkiye (Oct 28, 2025)

Effective Study Skills, *Zihin Okulu*, İstanbul, Türkiye (Oct 24, 2025)

Child Privacy and Body Safety, *Zihin Okulu*, İstanbul, Türkiye (Oct 23, 2025)

How to Review a Manuscript, *American Psychological Association*, Washington, DC (July 15, 2024)

New Guidance for Treating Depression, *American Psychological Association*, Washington, DC (July 26, 2024)

The Research on Why It's Important to Give Yourself a Break, *American Psychological Association*, Washington, DC (July 2, 2024)

Improved Treatment for Developmental Trauma, *American Psychological Association*, Washington, DC (July 23, 2024)

Helping Children Get a Good Night's Sleep, *American Psychological Association*, Washington, DC (July 22, 2024)

Facebook as a Research Tool, *American Psychological Association*, Washington, DC (July 22, 2024)

Happy Marriages Training, *Zihin Okulu*, İstanbul, Türkiye (April 2023)

Before Saying “Yes” Premarital Relationship Training, *Zihin Okulu*, İstanbul, Türkiye (April 2022)

Fragile Families Summer Data Workshop, *Columbia University Population Research Center*, New York, NY (June 2021)

Salivary Bioscience Training, *University of Wisconsin-Madison*, Madison, WI (Oct 10, 2020)

Near-Infrared Spectroscopy (NIRS) Training, *Medipol University School of Medicine*, İstanbul, Türkiye (Feb 1–2, 2015)

Child Abuse and Neglect Training, *Association for Child Protection Center Support (COKMED)*, İstanbul, Türkiye (March–June 2014)

Speaking Engagements, Public Service and Activities

Speaker, Behind the Scenes of Daily Routines. *TedX-Ataturk University*, Erzurum, Türkiye (Dec 1, 2025)

Speaker, Conducting a Systematic Review: An example from Routines and Child Development paper, *Ankara Social Sciences University*, Ankara, Türkiye (July 31, 2024)

Speaker, Academia Talks Seminar Series, *MEF University Psychology Club*, İstanbul, Türkiye (May 23, 2024)

Instructor, Writing Scientific Paper Workshop, *Plan Psychological and Academic Consulting*, İstanbul, Türkiye (May 24, 2024)

Moderator, Unity of Inquiry–Exploring the Crossroads of Research and Psychology, *Ibn Haldun University*, İstanbul, Türkiye (May 20, 2024)

Assistant Instructor, Before Saying “Yes” Premarital Relationship Training, *Zihin Okulu*, İstanbul, Türkiye (May 6, 13, 20, 2024)

Instructor, CV Preparation Workshop, *Plan Psychological and Academic Consulting*, İstanbul, Türkiye (Jun 14, 2024)

Panel Discussant, How to Apply to Graduate School, *Pioneering Volunteers (Oncu Gonuller)*, İstanbul, Türkiye (Oct 31, 2020)

Speaker, Effective Learning–How the Brain Learns Best, İstanbul, Türkiye (August 29, 2020)

Presenter, Writing a Literature Review, Research Design Workshop, *Pioneering Volunteers (Oncu Gonuller)*, İstanbul, Türkiye (Aug 9, 2020)

Speaker, Stress, Coping, and Resilience During the Pandemic, *Pioneering Volunteers (Oncu Gonuller)*, İstanbul, Türkiye (May 31, 2020)

Presenter, Career Talks, *Women Healthcare Professionals Solidarity*, İstanbul, Türkiye (Aug 27, 2019)

Symposium Coordinator and Panel Discussant, Child Abuse and Neglect Symposium, *İstanbul Şehir University*, İstanbul, Türkiye (Nov 14, 2014)

Volunteer Teacher, *Uskudar Child Protection and Education Center*, İstanbul, Türkiye (Nov 2014–Mar 2016)

Writer, Sports Page, *Turkish Green Crescent Society Magazine*, İstanbul, Türkiye (2012–2014)

Athlete, *Turkish Karate Federation*, İstanbul, Türkiye (1998–2008)

Editorial Responsibilities

Editorial Board, *Journal of Family Theory & Review (JFTR)* (2026–Present), *Jurnal Psikogenesis* (2025–Present)

Ad Hoc Reviewer: *Developmental Psychology*, *Infant Mental Health Journal*, *International Journal of Adolescence and Youth*, *Journal of Applied Developmental Psychology*, *Journal of Family Theory & Review*, *Jurnal Psikogenesis*.

Professional Memberships

Turkish Green Crescent Society (Yesilay), *Supervisory Board* (2024–Present)

National Council on Family Relations (NCFR), *Member* (2024–Present)

Turkish Psychological Association (TPD), *Member* (2023–Present)

Society for Research in Child Development (SRCD), *Member* (2023–Present)

American Psychological Association (APA), *Member* (2021–Present)

International Congress of Infant Studies (ICIS), *Member* (2021–Present)

Cognitive Development Society (CDS), *Member* (2021–2023)

International Society for Pre- and Perinatal Psychology and Medicine (ISPPM) (2018–2023)

Association for Contextual Behavioral Science (ACBS), *Member* (2018–2022)

Association for Psychological Science (APS), *Member* (2016–2017)
