

# SAFA KEMAL KAPTAN

Manchester, UK · +447404791100

[safa.kaptan@manchester.ac.uk](mailto:safa.kaptan@manchester.ac.uk)

[safakemalkaptan@gmail.com](mailto:safakemalkaptan@gmail.com)

[safa.kaptan@boun.edu.tr](mailto:safa.kaptan@boun.edu.tr)

ORCID ID [0000-0002-4709-6543](https://orcid.org/0000-0002-4709-6543)

## EDUCATION

2018 – 2022

**PHD IN CLINICAL PSYCHOLOGY**, THE UNIVERSITY OF MANCHESTER

2016 – 2017

**MASTER IN PSYCHOLOGY**, THE UNIVERSITY OF BIRMINGHAM

2011 – 2015

**PSYCHOLOGICAL COUNSELLING**, THE UNIVERSITY OF MARMARA, TURKEY

## WORK EXPERIENCE

2022– To Present

**LECTURER**, ISTANBUL, Turkey

Boğaziçi University

Department of Psychology

2021– 2022

**ADVISOR, PI** LONDON, UK

EMDR Pilot with Life Beyond Crisis

2018 – 2022

**TEACHING ASSISTANT**, THE UNIVERSITY OF MANCHESTER

Courses under BSc Psychology and Medical School Master Program

2020– 2021

**ADVISOR, PI** LANCASHIRE, UK

Publish me happy project with Lancashire LBM Network. A project for refugees and asylum seekers.

## RESEARCH INTERESTS

- Child Psychology
- Clinical Psychology
- Health Psychology
- Mental Health
- Eye Movement Desensitization and Reprocessing Therapy

## GRANTS AND AWARDS

- Study Abroad Program- Scholarship for Postgraduate Education, the Ministry of National Education, Turkey, 2016-2022
- Best poster award, BAPIO Mid-Year Conference NHS Long-Term Plan: Delivery and Implementation (2019)
- Cadbury Fund Trust (£20,000) (Advisor). Awarded September 2020- June 2021. Publish me happy project with Lancashire LBM Network. A project for refugees and asylum seekers.
- Teaching Excellence Awards 2021: The Clinical Psychology (PSYC31222). (Unit Lead: Warren Mansell)
- Mental Health Research Taskforce- September 7-9, 2022, Turkey
- 5th Global Mental Health Research Capacity and Capability Building Programme 3rd December – 11th December 2018 Sharjah – U.A.E

## TRAININGS

- Bespoke Qualitative Training Workshops: From planning to product and the process of conducting qualitative research (2021). Centre for Qualitative Research, University of Bath
- Qualitative Methods (2018). Global Mental Health and Cultural Psychiatry Research Group, the University of Manchester
- 5th Mental Health Capacity and Capability Building Programme (2018). Global Mental Health and Cultural Psychiatry Research Group, the University of Manchester
- Eye Movement Desensitisation and Reprocessing Therapy Basic Training, 2019
- Eye Movement Desensitisation and Reprocessing Therapy Group Traumatic Episode Protocol, 2019
- Attachment Informed Eye Movement Desensitisation and Reprocessing Therapy, 2021
- Eye Movement Desensitisation and Reprocessing Therapy Group Traumatic Episode Protocol, Remote delivery, 2021

## CONFERENCES AND POSTERS

- Ramkinsson ,R., Shah, S., Nair, M., Lee, K., Kaptan, S. (2019, May). *Mindfulness in children and adolescents*. Poster session presented at the Annual BAPIO Conference, Manchester, UK.
- Abbasi-Mood, A., Ramkinsson ,R., Kaptan, S., Shah,S. (2019, May). *GP burnout in Iran*. Poster session presented at the Annual BAPIO Conference, Manchester, UK.
- Mental Health Research Taskforce: Online Feasibility Trial with Refugees, September 7-9, 2022, Turkey
- BAPIO Mid-Year Conference NHS Long-Term Plan: Delivery and Implementation 2019

- Durham University, Faculty of Social Sciences and Health, 2nd Interdisciplinary PGR Conference on Global Challenges, 20th November 2020
- BAPIO Mid-Year Conference Covid-19: Disparities and Lessons Learned Long-Term Plan: Delivery and Implementation 2020
- EMDR Europe Association 21st Annual Conference: EMDR Responses to the Challenges of this Decade (June 11th-13th, 2021)
- EMDRIA Virtual Conference, From 1:1 to 1:More Than One (Group EMDR), September 10, 2022), USA

## PUBLICATIONS

- Kaptan SK, Dursun BO, Knowles M, Husain N, Varese F. Group eye movement desensitization and reprocessing interventions in adults and children: A systematic review of randomized and nonrandomized trials. *Clin Psychol Psychother*. 2021;1–23. <https://doi.org/10.1002/cpp.2549>
- Tsang, A., Bucci, S., Branitsky, A., Kaptan, S., Rafiq, S., Wong, S., Berry, K., Varese, F. (2021). The relationship between appraisals of voices (auditory verbal hallucinations) and distress in voice-hearers with schizophrenia-spectrum diagnoses: A meta-analytic review. *Schizophrenia Research*, 230, 38–47. <https://doi.org/10.1016/j.schres.2021.02.013>
- Kemal Kaptan, S., & Brayne, M. (2021). A qualitative study on clinicians' perceptions of Attachment-Focused eye movement desensitisation and reprocessing therapy. *Counselling and Psychotherapy Research*, 00, 1– 12. <https://doi.org/10.1002/capr.12479>
- Kaptan, S. K., Varese, F., Yilmaz, B., Andriopoulou, P., & Husain, N. (2021). Protocol of a feasibility trial for an online group parenting intervention with an integrated mental health component for parent refugees and asylum-seekers in the United Kingdom: (LTP + EMDR G-TEP). *SAGE Open Medicine*. <https://doi.org/10.1177/20503121211067861>
- Kaptan, S. K., Yilmaz, B., Varese, F., Andriopoulou, P., & Husain, N. (2022). What works? Lessons from a pretrial qualitative study to inform a multi-component intervention for refugees and asylum seekers: Learning Through Play and EMDR Group Traumatic Episode Protocol. *Journal of Community Psychology*, 1– 21. <https://doi.org/10.1002/jcop.22908>
- Kaptan, S. K., Varese, F., Yilmaz, B., Andriopoulou, P., & Husain, N. (2022). “Online delivery gave me privacy and distance from others”: feasibility trial and qualitative evaluation of an online intervention for refugees and asylum seekers; LTP + EMDR G-TEP. *Counselling and Psychotherapy Research*, 00, 1– 13. <https://doi.org/10.1002/capr.12580>
- Dursun-Ozen, B., Kaptan, S. K., Giles, S., Husain, N., & Panagioti, M., (2023). Understanding self-harm and suicidal behaviours in South Asian communities in the UK: systematic review and meta-synthesis. *BJPsych Open*, 1– 9. <https://doi.org/10.1192/bjo.2023.63>. (In press)
- Robinson, R.M., Kaptan, S.K (2023). *Group EMDR Therapy; From research to Clinic* (Springer Publishing Company) (In press)
- Kaptan, S.K., Mooren, T., (2023). *Complex Trauma and Dissociation in the face of ongoing stress and trauma*. In Hosey, J. & Gomez, A. (Eds), *The Handbook for Child Complex Trauma and Dissociation: Theory, Research, and Clinical Applications* (Routledge) (In press)