

Dr Ayşe Akan

ayse.akan@bogazici.edu.tr

+90 212 359 70 54

South Campus, Sloane Hall, First Floor, Room 217

Boğaziçi Üniversitesi 34342 Bebek, İstanbul

Education

2017-2021 **D Clin Psych, Doctorate in Clinical Psychology**

University of Essex (UK)

- Modules Taken: Supervised Clinical Placement (I, II, III); Clinical Applications I, II, III); Clinical Interventions and Skills (I, II, III); Clinical Research (I, II, III); Personal and Professional Development (I, II, III)
- Thesis: Understandings and Experiences of Common Mental Health Difficulties of Turkish-Speaking People in the UK
 - Supervisors: Prof G Green & Dr F Blumenfeld (formerly Dr S McPherson & Dr D Taggart)
 - Thesis committee: Dr C Barratt & Dr J Gratton
- Service Related Project (Audit): Evaluating the Effectiveness of Anxiety Groups in a Clinic for Young People and their Families in the East of England: A Service Evaluation Project
 - Supervisors: Dr D Taggart & Dr S Mayhead
- Systematic Review: The Effectiveness of Psychological First Aid: A Systematic Literature Review
- Clinical Assignment 1 “Using a Cognitive-Behavioural Approach to Work with a Client Diagnosed with Bipolar Affective Disorder”
- Clinical Assignment 2 “Working with a Family with Emotional and Behavioural Difficulties: An Approach Informed by Systemic Principles and Practice”
- Clinical Assignment 3 “Working Systemically with Individuals: A Clinical Process Report based on a Family with Parental Conflict and Child Mental Health Difficulties”
- PPD Assignments: Reflective Account Year 1; Reflective Account Year 2; Reflective Account Year 3
- Exams: Year 1 OSCE (An improv intervention delivered to a mock-client with psychotic symptoms); Year 2 Oral Exam (A Young Boy with Autism and Emotional Difficulties); Year 3 Oral Exam (A Teenage Transgender-Male Person Referred for Anxiety Management)
- Accreditation obtained from Turkish Inter-Universities Council (UAK):

13/12/2021

2016-2017 **MSc Mental Health Studies**

King's College London (UK)

- Modules Taken: Basic Mental Health; Introduction to Research Methodology; Disaster Response: Mental Health, Behaviour and Communication; Psychological Therapies; Voluntary Clinical Placement
- Dissertation: The Consistency of Self-Relevance Reporting in Trauma-Related and Neutral Identity States in Dissociative Identity Disorder
 - Supervisor: Dr S Reinders
- Accreditation obtained from Turkish Council of Higher Education (YÖK): 06/03/2019

2010-2014 BSc Psychology

Istanbul Ticaret University (Turkey)

- Individually assessed and found eligible for 'Graduate Basis for Chartered Membership' (GBC) of the British Psychological Society
- Dissertation: Cultural Differences in Comprehending and Coping with Peripartum Mood Disorders: An Example of Yayladere Town in Bingöl City, Turkey'. Supervisor: Dr G Cesur

2005-2008 BA History (with Honours)

Bogazici University (Turkey)

Professional Qualifications

2022	ADOS-II Training (with certificate of reliability obtained)
2022	Registered European Psychologist (EuroPsy) , European Federation of Psychologists' Associations
2021	HCPC Registered Practitioner Clinical Psychologist , Health Care Professionals Council (UK) – 30 Apr 2021
2020	EMDR Standard Training , EMDR Masterclass (EMDR UK and EMDR Europe Accredited). Delivered by Dr Michael C Paterson OBE, EMDR Europe Accredited Senior Trainer & Consultant
2019	Systemic Therapy Training (Foundation Level) , University of Essex in collaboration with Association for Family Therapy and Systemic Practice (UK)

Publications

Published:

- Kaptan, S. K.; Kaya, Z. M; **Akan, A.** (2024). Addressing mental health need after covid-19: A systematic review of remote EMDR therapy studies as an emerging option. *Frontiers in*

Psychiatry 14, 1336569. <https://doi.org/10.3389/fpsy.2023.1336569>

- Kaptan, S. K.; Dervede, C.; Dowden, T; **Akan, A.** (2023). “Without it, I am not sure I would still be here”: a mixed methods service evaluation for online EMDR trauma therapy in a primary care network in England. *Frontiers in Psychiatry* 14, 1301540. <https://doi.org/10.3389/fpsy.2023.1301540>
- Strouza, A.I.; Lawrence, A.J.; Vissia, E.M.; Kakouris, A.; **Akan, A.**; Nijenhuis, E.R.S.; Draijer, N.; Chalavi, S.; Reinders, A.A.T.S. (2023). Identity state-dependent self-relevance and emotional intensity ratings of words in dissociative identity disorder: A controlled longitudinal study. *Brain and Behavior*, 13, e3208. <https://doi.org/10.1002/brb3.3208>
- **Akan, A.**; Green, G, Blumenfeld, F. (2023). Physical symptoms or somatisation? Turkish immigrants’ experiences and understandings of common mental health difficulties: A systematic review (thematic synthesis). *Studies in Psychology* 43 (2), 215-254. <http://dx.doi.org/10.26650/SP2022-1041055>

Research

Interests: common mental health difficulties, trauma, psychosis, dissociation, medically unexplained symptoms, suicide and self-harm, psychotherapy effectiveness, culturally adapted interventions, migration and mental health, race and mental health, person-centred care, lived experience, participatory research, ‘mad’ studies, critical psychiatry, critical psychology

Methods: Multi-way ANOVA, clinically significant change, reflexive thematic analysis, thematic synthesis (systematic review), constructionist grounded theory, other qualitative methods

Software: SPSS, G*Power, NVivo, Zotero, Mendeley, FileZilla, MS Office programs including MS Teams, Zoom, Skype

Experience:

2023-... Ongoing Research Projects

One internationally funded medium scale international collaboration project (at the stage of signing), three medium scale projects (applied for national funding) one medium scale project (at the stage of preparation). For projects open to recruiting research assistants, please see: <https://psychology.bogazici.edu.tr/content/ayse-akan>

- 2022-2024 **Audit Supervisor (ongoing) (Redbridge EWMHS, North East London NHS Foundation Trust)**
- Project: Evaluating the effectiveness of a psychoeducational workshop for parents with a child diagnosed with Autism Spectrum Disorder on the usefulness of the workshop they attended, family stress, parental perception of parenting.
 - Role: Co-design; obtaining approval from the Trust; supervising data collection/generation, analysis, write-up, dissemination
 - 1 empirical qualitative study (reflexive thematic analysis)
- 2017-2020 **Doctoral Researcher (University of Essex, UK)**
- Project: Understandings and Experiences of Common Mental Health Difficulties of Turkish-Speaking People
 - Role: Design, obtaining ethical approval, funding acquisition, data collection/generation, analysis, write-up, dissemination
 - 1 systematic review (thematic synthesis) and 1 empirical qualitative study (reflexive thematic analysis)
 - Supervisors: Prof G Green & Dr F Blumenfeld (formerly Prof S McPherson & Dr D Taggart)
- 2018-2019 **Clinical Audit Project Lead (North East London NHS Foundation Trust and University of Essex)**
- Project: Evaluating the Effectiveness of Anxiety Groups in a Clinic for Young People and their Families in the East of England
 - Role: Design, obtaining ethical approval, data collection, data analysis, write-up, dissemination
 - 1 small scale audit
 - Supervisors: Dr D Taggart & Dr S Mayhead
- 2016-2017 **Master's Student Researcher (King's College London, UK)**
- Project: Neuroimaging Dissociative Identity Disorder
 - Role: Design, data analysis and write-up
 - Supervisor: Dr S Reinders
 - 1 small-scale study as part of a big neuroimaging study
- 2013-2014 **Bachelor's Student Researcher (Istanbul Ticaret University, Turkey)**
- Project: Cultural Differences in Comprehending and Coping with Peripartum Mood Disorders
 - Role: Design, obtaining ethical approval, data collection/generation, data analysis, write-up, dissemination
 - 1 small-scale study

- Supervisor: Dr G Cesur

Clinical Experience

2023-... **Clinical Supervisor (Sep 2023-..., 2 h/pw)**

Boğaziçi University Student Guidance and Psychological Counselling Centre
(BÜREM)

Offering weekly group supervision to psychological practitioners working at BÜREM

2020-2023 **Clinical Psychologist** (Oct 2020-July 2021, 20 h/pw; August 2021-April 2023, 37.5 h/pw)

Redbridge Emotional Wellbeing and Mental Health Service,
North East London NHS Foundation Trust (NELFT)

Supervisors: Dr C Loucas (main, Senior Clinical Psychologist), Dr Z Hyde (Senior Clinical Psychologist), Ms D Estien (main, Psychological Therapies lead, Counselling Psychologist)

Client Population: Children and young people with emotional, behavioural and sometimes comorbid physical and neurological difficulties and learning disabilities and their families

Models: Mainly CBT with ACT and DBT elements, and psychoeducation with systemic thinking for low mood, suicidal ideation, self-harm, emotion regulation difficulties, OCD, anxiety problems and challenging behaviour; Narrative Exposure Therapy (NET) and EMDR for trauma

- Conducting psychology and mental health assessments;
- Risk assessment;
- Conducting and assisting ADOS-II assessments (Module 3 and 4)
- Delivering psychology interventions;
- Offering consultations to parents and conducting parent involved interventions;
- Co-coordinating and delivering workshops for parents with a child who is diagnosed with ASD
- Supervising trainee clinical psychologist, assistant psychologists, honorary assistant psychologists and other junior members of staff;
- Co-delivering CBT supervision group for social care professionals;
- Liaising with other psychologists and MDT colleagues;
- Chairing MDT and other meetings;
- Leading a clinical audit project;
- Offering consultations to schools and other agencies;
- Monitoring change using various methods including verbal feedback and quantitative measures.

2019-2020 **Trainee Clinical Psychologist** (Nov 2019-Sep 2020) (22.5 h/pw)

Split post in North Camden Children and Adolescent Mental Health Service

(CAMHS) and Camden Parents' Wellbeing Service (CPWS),
Tavistock and Portman NHS Foundation Trust

Supervisors: Dr M Gartner (main, Senior Clinical Psychologist), Dr A Flintoff (Clinical Psychologist), Dr R Gomes (Clinical Psychologist), Dr B Krause (Consultant Family and Systemic Therapist)

Client Population: Children and young people with emotional and/or behavioural difficulties with comorbid neurodevelopmental difficulties such as autism (North Camden CAMHS) and their parents (CPWS)

Models: CBT, psychoeducation, systemic therapy, psychodynamic thinking and DBT skills for low mood, suicidal ideation, self-harm, emotion regulation difficulties, anxiety problems, OCD, eating difficulties, toileting problems, anger, depression with psychotic like features possibly secondary to substance use and challenging behaviour.

- Conducting mental health assessments;
- CONNERS assessment;
- Risk assessment;
- Delivering psychological interventions;
- Consultations to schools;
- Joint sessions with psychology and MDT colleagues;
- Liaising with other psychologists and MDT colleagues;
- Monitoring change using various methods including verbal feedback and quantitative measures.

2019-2019 **Trainee Clinical Psychologist** (May 2019-Sep 2019) (22.5 h/pw)

Split post in Adult Community Learning Disability Psychology Service and Asperger's Service,

Essex Partnership University NHS Foundation Trust (EPUT)

Supervisors: Mrs M Delfgou (main, Counselling Psychologist), Dr S Alison (Consultant Clinical Psychologist, Service Lead), Dr K Homans (Clinical Psychologist)

Client Population: Adults with learning (intellectual) disabilities and sometimes comorbid neurological diagnosis such as autism or physical illnesses who have emotional and/or behavioural difficulties (Adult LD Service). Adults with High Functioning Autism / Asperger's Diagnosis who has emotional and/or behavioural difficulties (Asperger's Service).

Models: Systemic, CBT, CFT, psychoeducation, psychodynamic concepts, group work for low mood, suicidal ideation, self-harm, emotion regulation difficulties, anxiety problems, OCD, low self-esteem and challenging behaviour.

- Initial and follow-up psychology assessments;
- WAIS assessment to adults with suspected LD;
- Risk assessment;
- Individual psychology interventions;
- Group interventions;

- Consultation to family members and carers;
- Teachings to staff members.
- Liaising with other psychologists and MDT colleagues;
- Monitoring change using various methods including verbal feedback and quantitative measures.

2018-2019 Trainee Clinical Psychologist (Dec 2018-May 2019) (22.5 h/pw)

Thundersley Emotional Wellbeing & Mental Health Service (EWMHS),
North East London NHS Foundation Trust (NELFT)

Supervisor: Dr S Mayhead (Clinical Psychologist and Clinical Lead)

Client Population: Children and young people with emotional and behavioural difficulties with sometimes comorbid neurodevelopmental problems such as autism and dyslexia and their families.

Models: Systemic, CBT, attachment-based interventions, psychoeducation, group work, psychodynamic thinking for low mood, suicidal ideation, self-harm, emotion regulation difficulties, anxiety problems, OCD, toileting problems, anger, low self-esteem and challenging behaviour.

- Initial and follow-up psychology assessments;
- WISC assessments;
- Risk assessment;
- Individual psychology interventions;
- Group interventions;
- Liaising with the wider network of Looked After Children (LAC) clients;
- Assisting a service user-led participation group;
- Consultations to schools;
- Providing supervision to assistant psychologists;
- Conducting presentations to school teachers and Special Education Needs (SEN) professionals;
- Conducting and presenting an audit project;
- Liaising with other psychologists and MDT colleagues;
- Monitoring change using various methods including verbal feedback and quantitative measures.

2018-2018 Trainee Clinical Psychologist (June 2018-Nov 2018) (22.5 h/pw)

Split post in inpatient Dementia and Frailty Service and community Memory Assessment Service (MASS), The Crystal Centre, Broomfield Hospital
Essex Partnership University NHS Foundation Trust (EPUT)

Supervisors: Dr T Harvey (main, Senior Clinical Psychologist), Dr S FitzGerald (Clinical Psychologist)

Client Population: Older adults who had been staying in the inpatient service either as voluntary or sectioned patients due to emotional and/or behavioural difficulties that contained high risk. Some clients had a diagnosis of dementia. (Dementia &

Frailty Service). Neuropsychology assessments and post-diagnostic support to older adults with suspected dementia (MASS).

Models: CBT, CFT, psychoeducation, mindfulness, narrative work with systemic understandings for low mood, suicidal ideation, self-harm, emotion regulation difficulties, anxiety problems, depression with psychotic features and challenging behaviour.

- Psychology assessments;
- Neuropsychology assessments (WAIS, WMS, and various prefrontal tests);
- Risk assessment;
- Individual psychology interventions;
- Group interventions;
- Post-diagnostic support to people with dementia and their families, including liaising with psychiatry colleagues;
- Liaising with other psychologists and MDT colleagues;
- Monitoring change using various methods including verbal feedback and quantitative measures.

2017-2018 Trainee Clinical Psychologist (Nov 2017-June 2018) (22.5 h/pw)

Split post in Adult Community Psychology (ACP) and Crisis Resolution Home Treatment (CRHT) Services.

Essex Partnership University NHS Foundation Trust (EPUT)

Supervisors: Dr K Vounisea (main, Counselling Psychologist) and Dr F Anwar (Clinical Psychologist)

Client Population: Adults with emotional and behavioural difficulties (ACP) and adults with emotional and behavioural difficulties who is going through a mental health crisis and assessed as being high risk but well enough to be treated at their homes rather than an inpatient unit (CRHT).

Models: CBT, CBT-P, DBT, psychoeducation for low mood, suicidal ideation, self-harm, emotion regulation difficulties, anxiety problems and depression with psychotic features.

- Psychology assessments;
- Risk assessment;
- Individual psychology interventions;
- Group interventions;
- Liaising with other psychologists and MDT colleagues;
- Monitoring change using various methods including verbal feedback and quantitative measures.

2017-2017 Psychology Placement Student (Feb 2017-July 2017) (7.5 h/pw)

Split post in community Neuropsychiatry and Memory Disorders clinic (Scutari Clinic) and inpatient Psychiatry Liaison Service.

Guy's and St Thomas' NHS Foundation Trust

Supervisor: Dr D Joyce (Psychiatry Registrar)

Client Population: Adults with suspected neuropsychiatric conditions and/or memory problems (Scutari) and adults staying in physical health wards who have suspected neuropsychiatric conditions and/or memory problems (Liaison).

- Shadowing supervising psychiatrist both at clinic and wards;
- Administration of cognitive and psychiatric tests/instruments (ACE III, Frontal Assessment Battery, Hamilton Rating Scale for Depression, Hamilton Anxiety Rating Scale);
- Documenting results of testing;
- Contributing to formulations.

2013-2013 **Clinical Psychology Intern** (Sep 2013-Oct 2013) (40 h/pw)

Split post in Substance Abuse and Psychosis Services

Erenkoy Mental and Neurological Diseases Research and Training Hospital (Turkey)

Supervised by: Principal psychologist and Junior Psychiatrists

Client Population: Adults diagnosed with substance abuse disorders and adults diagnosed with psychosis

- Attending psychiatry appointments;
- Contributing to discussions.

Other Relevant Work Experience

2014-2016 **Assistant Expert** (Nov 2014-Sep 2016) (40 h/pw)

Republic of Turkey Ministry of Family and Social Policies,

- Research and writing;
- Attending sessions with vulnerable individuals in need of psychological rehabilitation;
- Assisting editor in charge for Ministry's international peer-reviewed academic journal *Sosyal Politika Çalışmaları Dergisi* (Journal of Social Policy Studies), which accepts papers in various fields including disability, family, children and women studies.

Teaching

Undergraduate:

Readings and Research in Clinical Psychology

Postgraduate:

Clinical Assessment, Advanced Clinical Psychology, Individual Approaches to Psychotherapy, Diagnostic Evaluation I

Awards & Honours

Research grants:

2018 **University of Essex Student Facilitating Research Fund (£180)**; for offering research participants an incentive

Travel grants:

2019 **University of Essex Student Facilitating Research Fund (£227.55)**; for covering cost of travel during participant recruitment

Conference & training grants:

2021 **Proficio Academic and Professional Development Fund, University of Essex (£85)**; for the attendance fees of the conference 'Compassion & Mentalization: Complementary, Overlapping or Opposed', organised by Anna Freud Centre, University College London

2021 **Proficio Academic and Professional Development Fund, University of Essex (£35)**; for the attendance fees of BPS Division of Clinical Psychology Annual Conference 2021

2019 **Proficio Academic and Professional Development Fund, University of Essex (£1465.80)**; for EMDR Standard Training fees

2018 **Proficio Academic and Professional Development Fund, University of Essex (£220)**; for a two day NVivo training course

Scholarships:

2015-2020 **Turkish Ministry of National Education Postgraduate Scholarship (£200,000)**
Master's and doctoral funding in the UK (course fees and monthly stipend)

2011-2014 **Istanbul Ticaret University High Achievement Award (£50,000)**
BSc tuition waiver for three years due to high GPA

Conference Presentations

2021 **Racism in Mental Health Research: An Example of Turkish-Speaking Diaspora's Experiences and Understandings of Common Mental Health Difficulties (Oral Presentation)**
British Psychological Society Division of Clinical Psychology Annual Conference 2021 (Virtual conference).

2020 **Understandings and Experiences of Common Mental Health Difficulties of Turkish-Speaking People in the UK (Oral Presentation)**
10th Culture & International Mental Health Conference 2020: Turning The World Upside Down (Virtual Conference).

Knowledge Exchange Activities (Delivery)

2023 **Navigating Clinical Psychology in the UK as an International Student: Experiences of a Qualified Clinical Psychologist; Oral Presentation and Q&A.** Part of Increasing

Access Committee, IoPPN, King's College London. 10th July 2023

- 2021 **Q&A with Ayse, a graduated international clinical psychologist (from University of Essex)**; Interview – Blog Post
- 2021 **Grounding and Distraction Techniques**; Virtual Workshop, Turkish Psychology Postgraduate Students in the UK Trauma Studies Network Event
- 2021 **Using NVivo in Qualitative Research**; Virtual Workshop, Global Mental Health and Cultural Psychiatry Research Group (University of Manchester)
- 2020 **İngiltere’de Klinik Psikoloji Doktorasi**; Interview - Blog Post (in Turkish)
- 2020 **Books R Us**; Book reviews, BPS Clinical Psychology Forum May 2020 issue
- 2020 **Calculating Clinically Significant Change**; Virtual Workshop, Thundersley EWMHS (Essex, London)
- 2020 **Evaluating the Effectiveness of Anxiety Groups in a Clinic for Young People and their Families in the East of England**; Oral Virtual Presentation, Thundersley EWMHS (Essex, London)
- 2019 **Understanding and Experiences of Common Mental Health Difficulties of Turkish-Speaking People in the UK**; Oral Presentation, BPS London & Home Counties Branch Postgraduate Meet Up Event (UK)
- 2019 **Understanding and Experiences of Common Mental Health Difficulties of Turkish-Speaking People in the UK**; Poster Presentation, University of Essex School of Health and Social Care Annual Staff-Student Research Conference
- 2019 **Understanding and Experiences of Common Mental Health Difficulties of Turkish-Speaking People in the UK**; Oral Presentation, Turkish Academics Network Event (London, UK)
- 2019 **Introduction to WAIS-V Assessment**; Oral Presentation co-organised with N. Parnell and A. Shirazi, Billericay Learning Disability Service (Essex Partnership University NHS Foundation Trust [EPUT])
- 2019 **Sensory Difficulties in Children and Young People with and without Autism**; Oral Presentation, Thundersley EWMHS Open Day Event (Essex, UK)

- 2018 **Understanding and Experiences of Common Mental Health Difficulties of Turkish-Speaking People in the UK**; Poster Presentation, University of Essex School of Health and Social Care Annual Staff-Student Research Conference
- 2018 **Power Threat Meaning Framework: An Introduction**; Oral Presentation, The Crystal Centre (Essex Partnership University NHS Foundation Trust [EPUT])
- 2014 **Cultural Differences in Comprehending and Coping with Peripartum Mood Disorders: An Example of Yayladere Town in Bingöl City, Turkey**; Poster Presentation, Istanbul Ticaret University Psychology Research Event (Turkey)

Service & Administration

- Sep 2023-... **Student Advisor** to first year Psychology undergraduate, and Clinical Psychology Master's students. 13.09.2023-...
- Sep 2023-... **Head of the Clinical Psychology Division**, Psychology Department, Bogazici University. 18.09.2023-...
- Sept 2023-... **BÜREM Business and Clinical Lead**, Bogazici University Student Psychological Counselling Centre. 07.09.2023-
- Aug 2023-... **Member of Social and Human Sciences Research Ethics Committee** (*Sosyal ve Beşeri Bilimler İnsan Araştırmaları Etik Kurulu-SBINAREK*). Attending monthly meetings to evaluate the research applications. 25.08.2023-...
- Aug 2023-... **Member of Advisory Board**, Ibn Haldun University Psychotherapy Application and Research Centre (IPAM), Ibn Haldun University
- June 2023-... **Coordinator of Clinical Psychology Master's Programme**, Psychology Department, Bogazici University. 08.06.2023-...
- March 2021 **Minorities Group Mentoring Programme Mentor**, BPS DCP Minorities Group. Mentoring aspiring clinical psychologists from minority backgrounds
- May 2020 **International Clinical Trainee Mentor**; University of Essex. Mentoring aspiring clinical psychologists from international backgrounds
- 2016-2017 **Student Ambassador**, King's College London. Representing King's College London's outreach and/or recruitment efforts

Continuous Professional Development (Attendance)

- 05.02.24 **Responding to unexpected and traumatic death: A cognitive approach to traumatic and complex grief.** Trainer: Dr Michael Duffy
- 04.02.24 **Images in Social Anxiety.** Trainer: Dr Lusia Stopa.
- 23.05.23 **CBT and Motivational Interviewing with Children and Young People.** Organised by *Anna Freud National Centre for Children and Families*. Trainers: Dr Dickon Bevington & Dr Vicki Curry
- 9-10.3.23 **Personalised Individual Parent Training (PIPT).** Organised by *King's College London IoPPN*. Trainers: Dr Matt Woolgar & Ms Caroline Bengo
- 6&31.3.23 **CBT Supervision in Practice.** Organised by *King's College London IoPPN*. Trainers: Dr Anna Moriarty & Dr Christy Wellings
- 9&23.2.23 **Trauma-Focused CBT for PTSD in Children & Adolescents.** Organised by *King's College London IoPPN*. Trainer: Dr Jessica Richardson
- 9-10.06.22 **New Supervisors Workshop for Supervisors of North Thames' Trainee Clinical Psychologists.** Organised by "University College London, University of East London and Royal Holloway University of London". Trainers: Dr Paula Corredor Lopez & Dr Camilla Rosan (UEL); Dr Kate Theodore & Dr Chris Marshal (RHUL); Dr Michelle Wilson (UCL)
- Apr 2022 **DBT-A (DBT for Adolescents):** Live Online Course, covering 18 hours. Organised by "The Association for Psychological Therapies (APT)". Trainer: Dr Lisa Hartley.
- 9.03.2022 **An Introduction to Positive Behaviour Support:** One Day Online Training Course. Organised by "I Support Behaviour". Trainer: Mr Daniel Caprice.
- Jan 2022 **The Autism Diagnostic Observation Schedule 2 (ADOS2) Practitioner Training.** Organised by "Autism Spectrum Directions". Trainer: Dr Marianna Murin.
- 27.04.2021 **Therapeutic Assessment for Adolescents with Self-Harm.** Organised by The Association for Child and Adolescent Mental Health. Speaker: Dr Dennis Ougrin.
- 8.05.2021 **Conference on Compassion Focused Therapy and Mentalisation Based Therapy: 'Compassion & Mentalization: Complementary, Overlapping or Opposed'.** Organised by Anna Freud Centre, UCL. Chaired by Prof Stephen Pilling. Speakers: Prof Peter Fonagy, Prof Paul Gilbert, Dr Deborah Lee, Assoc Prof Patrick Luyten
- 2019-2020 **Development of psychoanalytic theory: Lecture series.** Tavistock Centre, London

- (organised by Dr David Bell)
- 2019-2020 **Reflective Practice**. Tavistock Centre, London
- Dec 2019 **Refugee Hub: Intercultural Arts**. Tavistock Centre, London (delivered by Mr John Martin)
- Jan 2019 **HSC Research Seminar Series: Medicalising the moral: contrasting views of depression as expressed in internet blogs**, University of Essex (delivered by Dr Joanna Moncrieff)
- Dec 2018 **Artificial Intelligence in Psychology**, British Psychological Society, (organised by BPS and delivered by Dr James Barr and facilitated by Dr Nigel MacLennan)
- Nov 2018 **HSC Research Seminar Series: Boarding School Syndrome**, University of Essex (delivered by Dr Nick Duffell)
- Nov 2018 **Basic Skills in Qualitative Methods**, British Psychological Society, (organised by BPS and delivered by Dr Sarah Seymour-Smith)
- Oct 2018 **HSC Research Seminar Series: Gold Standard is a Barbarous Relic**, University of Essex (delivered by Dr Susan McPherson)
- Oct 2018 **Introduction to NVivo** (organised by University of Essex and delivered by Dr Elizabeth Wiredu)
- Sep 2018 **Maudsley Debates: ECT in Modern Medicine**, King's College London IoPPN (Prof John Read, Dr Susan Cunliffe, Prof Declan McLoughlin, Dr Sameer Jauhar)
- Aug 2018 **Lunch & Learn: Physical Health Screen and Dementia**, Broomfield Hospital
- Jul 2018 **Lunch & Learn: Tree of Life**, Broomfield Hospital
- 2018 **IoPPN Grand Round**, King's College London IoPPN
- 2018 **IoPPN Journal Club**, King's College IoPPN

Professional Affiliations

Health & Care Professionals Council (HCPC)

Registered Practitioner Clinical Psychologist (PYL039532), 30 April 2021-present

British Psychological Society

Chartered Member, CPsychol (CRM: 0042422), March 2022 - April 2023

Graduate Member, Oct 2015 - March 2021

Membership Networks: Division of Clinical Psychology (November 2017-present), Qualitative Methods in Psychology Section, London and Home Counties Branch

European Certificate in Psychology (EuroPsy) (European Federation of Psychologists' Association)

Registered European Psychologist (EuroPsy), Oct 2022-present

EMDR Association UK

Full member, May 2021 – April 2022

Languages

Turkish (native), **English** (full professional fluency), **German** (beginner)

Test Scores

Apr 2016 **IELTS**
 Result: 8.5/9

Sep 2023 **YDS**
 Result: 96.25/100